

LESSON PLAN

SUB: LIFE SKILL

BRANCH:- TEXTILE ENGG.

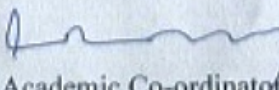
SEMESTER:6TH

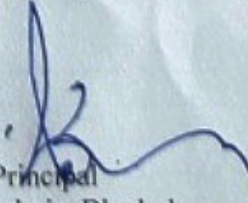
NAME OF FACULTY: RASHMI REKHA PATEL(Sr. Lect. GD&DM)



**GOVERNMENT POLYTECHNIC,
BHADRAK**

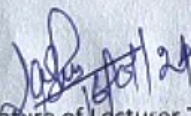

Hod(I/C), Textile Engg.


Academic Co-ordinator

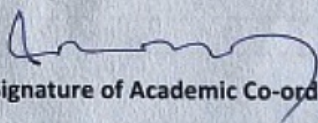

Principal
Govt. Polytechnic, Bhadrak

LESSON PLAN		
DEPARTMENT OF TEXTILE ENGG, GOVT. POLYTECHNIC, BHADRAK		
SUBJECT: LIFE SKILL Periods: 2 per week SEMESTER: 6th		
NAME OF FACULTY: Smt.Rashmi Rekha Patel		ACADEMIC YEAR: 2023-2024
Semester From date: 16.01.2024 To Date: 26.04.2024 No. of weeks: 15		
Week	Class Day	Theory / Practical Topics
1st	1st	SOCIAL SKILL
	2nd	Society, Social Structure, Develop Sympathy and Empathy
	3rd	Swot Analysis
	4th	Swot Analysis – Concept
2nd	1st	How to make use of SWOT
	2nd	Inter personal Relation
	3rd	Sources of conflict
	4th	Resolution of conflict
3rd	1st	Ways to enhance interpersonal relation
	2nd	Analyse yourself with respect to your strength and weaknesses
	3rd	opportunities and threats.
	4th	past experiences,
4th	1st	Achievements,
	2nd	Failures,
	3rd	Feedback from others etc.
	4th	Solve the True life problem assigned
5th	1st	PROBLEM SOLVING
	2nd	Steps of Problem solving
	3rd	Identify and clarify the problem
	4th	Information gathering related to problem
6th	1st	Evaluate the evidence
	2nd	Consider alternative solutions and their implications
	3rd	Choose and implement the best alternative,
	4th	Review & Problem solving techniques
7th	1st	PRESENTATION SKILL
	2nd	Body language
	3rd	Dress like the audience
	4th	Posture, Gestures, Eye contact and facial expression
8th	1st	STAGE FRIGHT
	2nd	Voice and language – Volume, Pitch, Inflection, Speed, Pause
	3rd	Pronunciation, Articulation, Language, Practice of speech
	4th	Use of AV aids such as Laptop with LCD projector, white board etc
9th	1st	GROUP DISCUSSION AND INTERVIEW TECHNIQUES
	2nd	Introduction to group discussion
	3rd	Ways to carry out group discussion
	4th	Parameters— Contact, body language
10th	1st	analytical and logical thinking
	2nd	decision making
	3rd	Interview Technique
	4th	Dress, Posture, Gestures, facial expression, Approach
11th	1st	Tips for handling common questions.
	2nd	WORKING IN TEAM
	3rd	Understand and work within the dynamics of a groups
	4th	Tips to work effectively in teams,
12th	1st	Establish good rapport, interest with others
	2nd	work effectively with them to meet common objectives
	3rd	Tips to provide and accept feedback in a constructive and considerate way
	4th	Leadership in teams

13th	1st	Handling frustrations in group.
	2nd	tree plantation
	3rd	blood donation
	4th	environment protection
14th	1st	camps on awareness like importance of cleanliness in slum area
	2nd	social activities like giving cloths to poor etc.
	3rd	TASK MANAGEMENT
	4th	Introduction
15th	1st	Task identification
	2nd	Task planning
	3rd	organizing and execution
	4th	Closing the task


Signature of Lecturer, Textile Engg.


Signature of HOD, Textile Engg.


Signature of Academic Co-ordinator